Workshop: Presenting with confidence

It is not easy to speak in front of a public and to present our project. We need a lot of self-confidence and conviction.

In this 2-day workshop, you will learn:

- How can I fascinate my audience?
- How can I be less nervous?
- How can I control my breath?
- How can I use my voice so that I am heard?
- How can I catch my audience’s attention?

Learning objectives

You will learn in theory and practice, how to:

- reach and fascinate the audience
- present in an exciting and confident way
- consciously use means of expression like breath, voice and body language
- improve self-perception, perception of others and of the surroundings
- rehearse your presentation in an effective way

Learning Tools

- The acquired theoretical knowledge will be applied to the target group
- Professional feedback methods will be used
- The focus is on careful and precise observation and attentive listening
- The structure of the presentation will be reviewed on the basis of a project
- Opportunity to practice with video recordings

Timetable:

Date: Tuesday, 29 and Wednesday, 30 September 2020
Time: 09:15 – 17:15 (including 1 hour lunch break)
Location: Room: A-119, University of Bern, Schanzeneckstrasse 1, 3012

Lecturers: Claudia Winfield, London trained actress and voice & public speaking coach (http://winfield-media.com/)
David Levine (Crazy David, http://www.crazydavid.ch/)

Registration until September 4, 2020
to: kateri.chambers@gcb.unibe.ch
Please be aware that participation on both days is required

Limitation: maximum allowed 16 participants 0.5 ECTS

Please inform yourselves with the most up-to-date University guidelines related to presence courses and prepare accordingly.